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Opening Extract from...

The Codgers' Kama Sutra

Written by Ian Baker

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THE CODGERS' Kama Sutra

Ian Baker

CONSTABLE & ROBINSON

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Introduction

What is the Kama Sutra? Is it a spiritual text written by a visionary man of wisdom in India almost two millennia ago? Or is it the world's first mucky book? Well, it's the former, but it is pretty mucky, too. Though shocking for its time, the Kama Sutra has gone on to become the world's most respected guide book on all matters sexual, and is now on top of the wardrobes or under the beds of more than sixty per cent of the world's teenage boys.

It is a common and misconceived belief among the younger generations that sex is something not only void in the minds of our senior citizens, but is most likely physically impossible for those who are at or beyond



retirement age. The glorious truth may come as a bit of a shock to the youth of today – it may even conjure up images in their minds best left until *after* lunch! The world's oldies *are* sexually active. New and exciting research has uncovered startling new evidence that oldies are still 'at it', and

still 'do it' whenever they don't have a bad back. Can it be true? Are our most senior citizens getting their wrinkly legs over? Are the world's coffin-dodgers, behind closed nursing-home doors, 'getting a portion'? Do these eldery folk indulge in a bit of 'how's your grandfather'? Are the most senior people in our society really 'steering the grey-haired pork ferry into tuna town'?

If you are an older person, take heart – there's a lot of dusty action out there. Sex in the twilight years, though similar in mechanics to the couplings of youth, is in fact vastly different. This book exposes the secret world of grey love and covers every aspect of senior congress – from codger anatomy and attraction, through to mating rituals, sex positions, post-sex heart condition medication, and the proper service and care of pacemakers.

If you're a reader of formidable youth, I

hope this book will educate you and open your eyes to things you'd really rather not see. If you're an oldie, I hope it makes you a bit horny and gives you filthy ideas! Enjoy.

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the codgers' Kama Sutra

Chapter 1:

The Anatomy of the Codger

The older male and female of the species share many similar characteristics – a head, four limbs and a torso (unless they are the unfortunate victim of a major stairlift collision/pile-up, or have been involved in a domino-match points dispute altercation – in which case one or more limbs may be missing). There are, of course, as with younger people, a few obvious differences between the sexes. These differences are very easy to spot on young, nubile and pert bodies, but on the aged, semi-decomposing body of a senior citizen they can often be harder to spot. This

is nature's way. It is generally deemed not necessary in polite society to notice the body parts of codgers. Take away the floral ankle-length dresses, mustard-coloured cardigans, chest-high trousers, corsets and string vests and what you're left with is:

The naked codger.

Take a look at the diagrams opposite. It isn't pretty! Here we see the male and female codger as Mother Nature intended – and nature is cruel. Notice the similarities – the limbs, head and torso – but look further south and you find the primary and secondary sexual organs, otherwise known as the naughty bits. Every part of the codger cadaver (body) is sacred. Every part is spiritual. Every part is wrinkled! Study the illustrations carefully and you may find

