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How to Start an Adventure

Rise up from the couch.

Go to the living room door.

Open it.

Step into the hallway.

Slip on some sturdy shoes,

doesn't matter which,

you choose.

Then go to the front door.

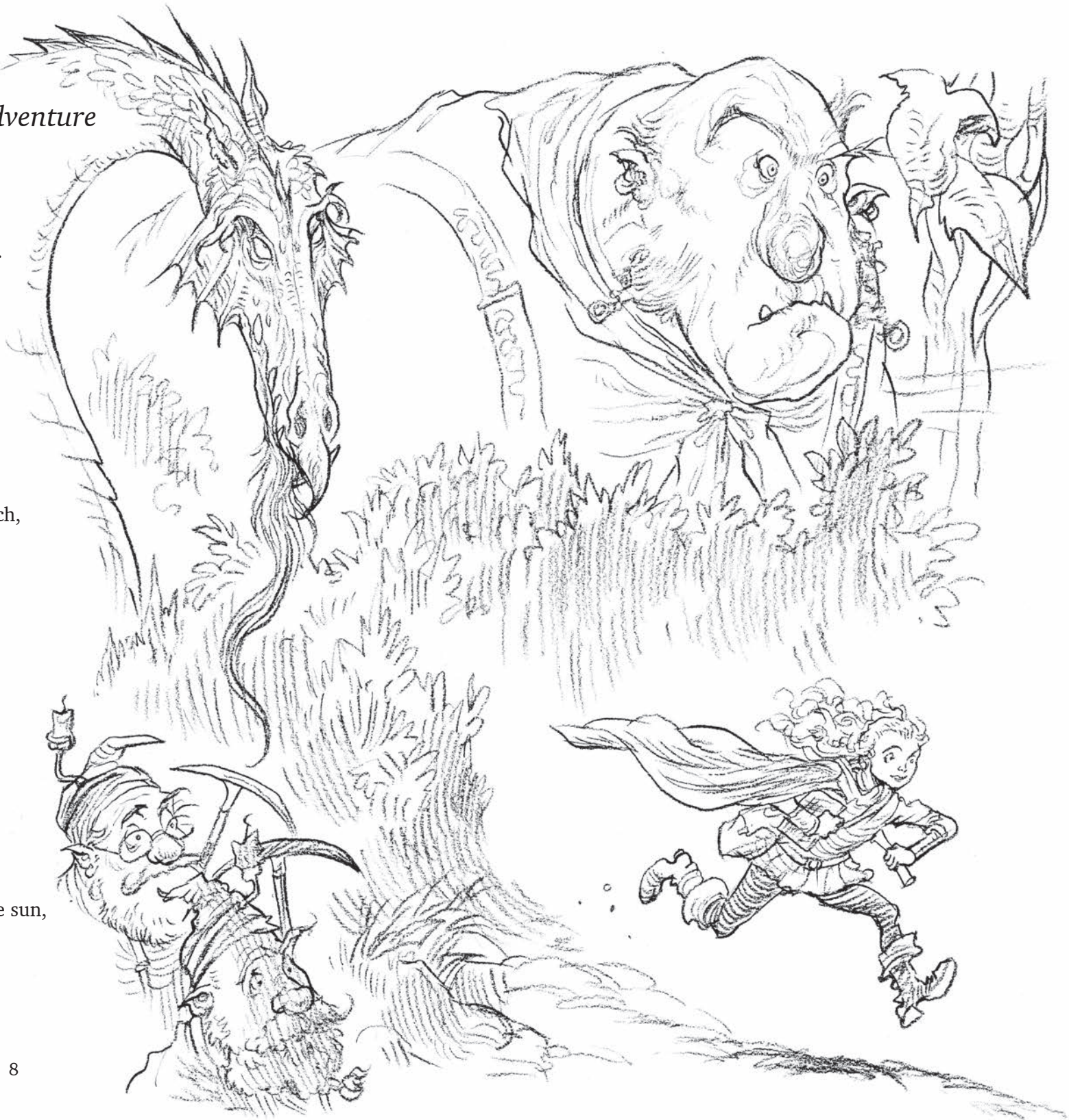
Open it, too.

Breathe in the view.

Then step outside,

giving thanks to the sun,

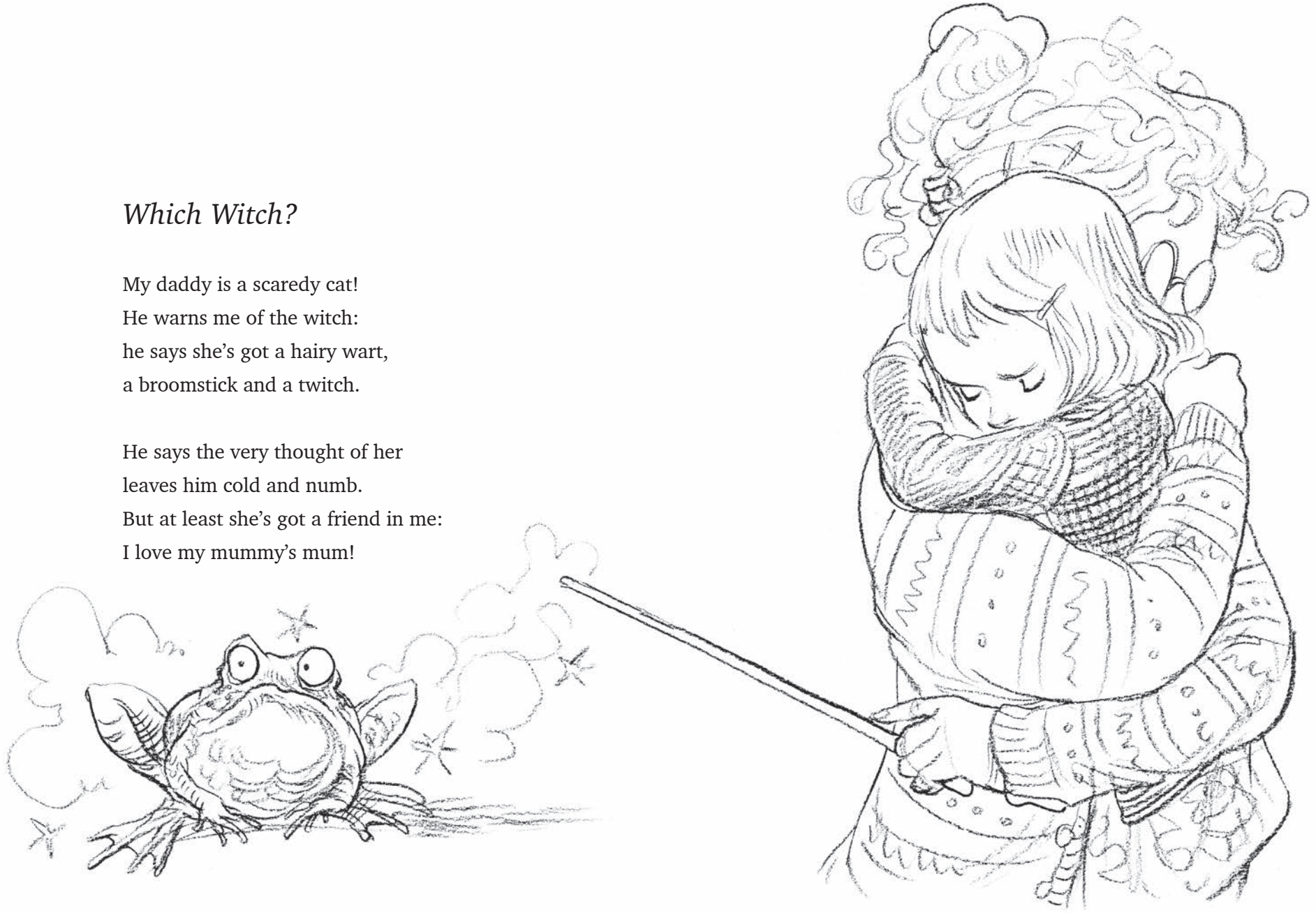
and run.



Which Witch?

My daddy is a scaredy cat!
He warns me of the witch:
he says she's got a hairy wart,
a broomstick and a twitch.

He says the very thought of her
leaves him cold and numb.
But at least she's got a friend in me:
I love my mummy's mum!





The Three-Legged Race

I want to run a race with you,
three-legged, joined at the hip,
and if we trip, we'll fall together.

Land in a tumble of awkward
limbs and laugh, support
each other's strength to stand
and re-centre ourselves,
ready to rejoin the race.

Our pace:

Step

Together

Step

Together

Step

