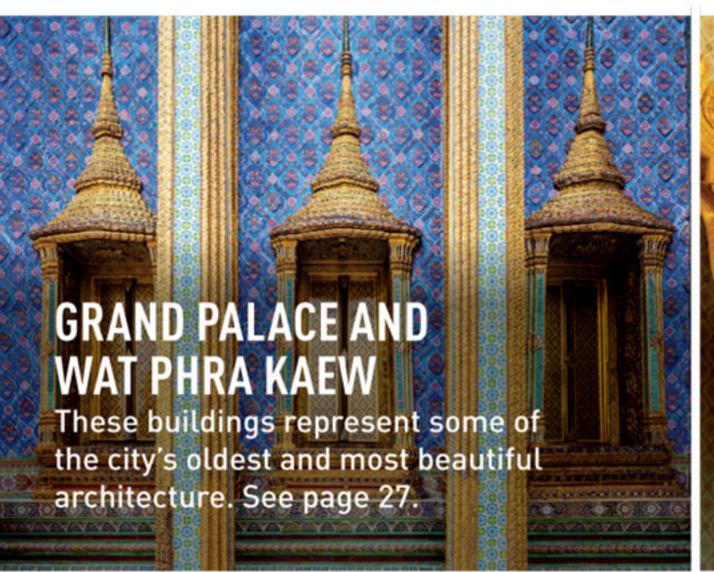
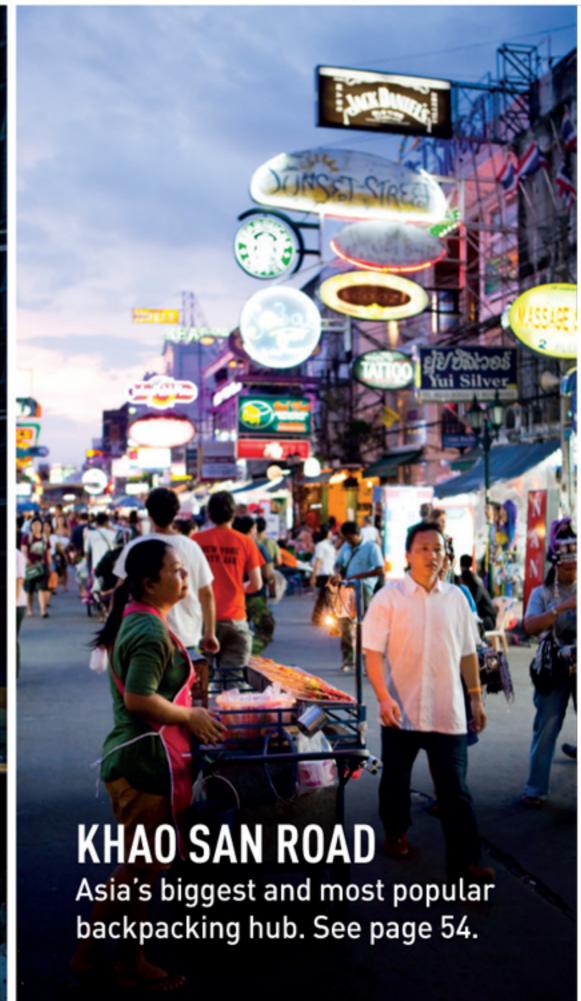


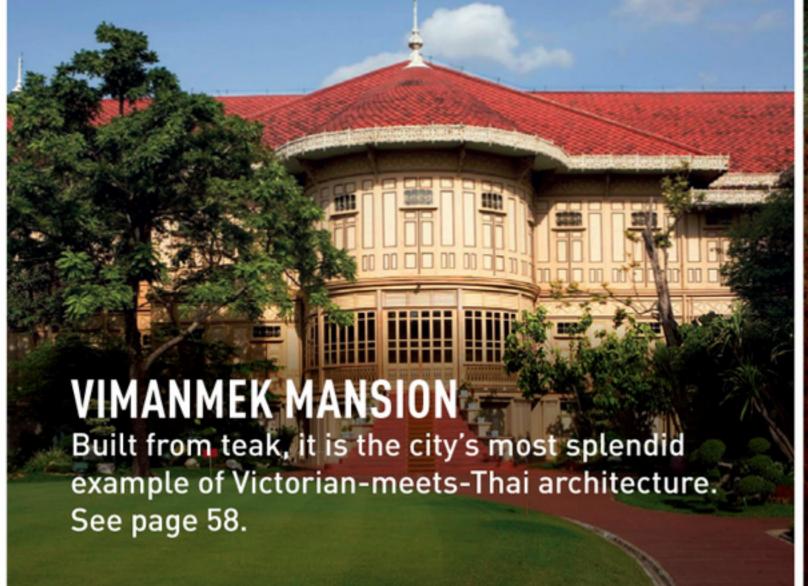
# TOP 10 ATTRACTIONS





















## A PERFECT DAY





8.30am

### **Breakfast**

Get an early start and a river breeze to beat the heat with breakfast on the terrace of the Mandarin Oriental. It is rich with history, as Bangkok's most famous hotel, and the boats lend a relaxing backdrop.

9.30am

### Chinatown

A 15-minute taxi ride and you're at Wat Mangkon Kamalawat, Chinatown's biggest and most important temple. Later, wander down the evocative Soi Itsaranupap, a historic lane packed with Chinese culture, traditional streetfood and a 200 year-old market.

12.30pm

### Siam Square

The Siam Square zone marks the beginning of Bangkok's downtown shopping malls, so there's lots of choice when it comes to lunch. A good option is the ground floor food court at Siam Paragon mall for a range of local streetfood, reasonably priced and in airconditioned comfort.

11.30am

### Art shows

Next take a taxi to the Bangkok Art & Culture Centre, which has temporary exhibitions of local and international works displayed over several floors. The gallery often features Thailand's best established and rising stars.

1.30pm

### Ocean World

In the basement of Siam Paragon is Ocean World, which has tanks containing some 30,000 marine species. You can take a glass-bottomed boat ride, go diving with sharks and marvel at South African penguins.

## IN BANGKOK





4.00pm

## Time for pampering

After a long day, there's nothing better than a relaxing massage, and Bangkok is full of pampering options. The nearby Grand Hyatt Erawan hotel has a luxury rooftop day spa, while Siam Square has many streetside parlours to ease those aching limbs.

2.30pm

## Shopping

Paragon is just one of many malls along this stretch, with a phenomenal choice, whether you want high fashion, smartphones, spices, or copies of master artworks executed by painters in MBK. You can use skywalks between several of the malls, so you avoid the cluttered pavements below.

5.30pm

#### 9.00pm

## Nightlife

Still at the bottom end of Silom Road, Maggie Choo's is one of the city's classiest and most imaginative nightlife spots. It's based on a vision of slinky 1930s' Shanghai, with a slightly naughty vibe, great sounds and serious drinks. They also have a period-style noodle shop, so you could just as easily eat here.

Sunset cocktails

A taxi to the bottom of Silom Road brings you to Sirocco, a 300-metre-high rooftop restaurant and bar that provides a stunning view for sunset cocktails. Either linger here for dinner or take a five-minute walk around the corner for a choice of Thai at Harmonique.

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Bangkok is one of the most exciting and dynamic cities in Southeast Asia. Double-digit economic growth during the 1980s and 1990s brought air-conditioned shopping malls, elevated and underground urban railways and world-class architectural experiments. A severe recession in the late 1990s nearly halted the economy but prompted an inwardly focused artistic renaissance that included critically hailed Thai new-wave cinema and an explosion of independent music. Recent years have seen renewed economic buoyancy and rapid building, but also social unrest and mass demonstrations. Despite these troubles Bangkok continues to lure curious visitors with its unique blend of the spiritual, carnal and entrepreneurial.

## A DISTINCTIVE CAPITAL

Straddling the Chao Phraya River delta, metropolitan Bangkok covers 1,569 sq km (606 sq miles) and sprawls into the neighbouring provinces of Nonthaburi, Samut Prakan and Samut Sakhon. The rivers and tributaries of northern and central Thailand drain into the Chao Phraya River, which in turn disgorges into the Gulf of Thailand, a vast cul-de-sac of the South China Sea only a few kilometres from central Bangkok.

The capital is surrounded on three sides by a huge, wet, flat and extremely fertile area known as 'the rice bowl of Asia' – more rice is grown here than in any other area of comparable size in all of Asia. Thailand has, in fact, been the world's top exporter of rice for at least the last 30 years. A vast spider web of natural and artificial canals fan out through this sultry river delta for several hundred square kilometres. Criss-crossing the city in all directions, these murky green waterways conjure up a parallel universe in which

18th-century Siam collides with 21st-century Thailand.

The capital is administered as a separate province, and has the only elected governorship in the nation (other provincial governors are appointed by the ministry). Press freedoms envied by neighbouring nations have made Bangkok Asia's largest base for foreign media correspondents. As a primary gateway for investment in neighbouring Vietnam, Cambodia, Laos



and Myanmar, the city also serves as a financial hub for mainland Southeast Asia.

Banking, finance, wholesale and retail trade, transport, tourism and energy dominate the immediate municipality, while the surrounding metropolitan area adds manufacturing, shipping, food processing and intensive farming to the list of top revenue producers. Per capita income in metropolitan Bangkok runs well above the average in the rest of the country.

Figures on Bangkok's infamous nightlife-based economy are difficult to come by. When Longman's *Dictionary of Contemporary English* defined Bangkok as 'a place where there are a lot of prostitutes', Thais filed diplomatic protests and staged demonstrations outside the British Embassy. Longman withdraw the offending edition from circulation, but the blunder was echoed a few years later when Microsoft's *Encarta* labelled Bangkok as a 'commercial sex hub', resulting in a lawsuit and revision of the entry.